

Recreational Activities for the Developmentally Disabled

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Fall 2017 Dates

Overnight Youth Respite

5pm Friday - noon Saturday

Days Inn - 13340 Hospitality Ct.

- Friday Sept 22nd - Saturday Sept 23rd
- Friday Oct 6th - Saturday Oct 7th
- Friday Nov 3rd - Saturday Nov 4th
- Friday Dec 1st - Saturday Dec 2nd

Cooking Class

Thursdays from 6-8pm

Mt Pleasant Lutheran Church - 1700 S. Green Bay Rd.

- October 5th
- October 12th
- October 19th
- October 26th
- November 2nd
- November 9th

Walk & Roll with Me ****NEW****

Sundays from 1-3pm

- September 17th @ Lake Michigan Pathway
drop off at Splash pad, pick up at Samuel Myers Park
- September 24th @ Root River Pathway
Drop off and pick up at the Root River REC Center
- October 1st @ Franksville Park
Drop off and pick up in the parking lot
- October 8th @ Johnson's Park & Golf Course
Drop off and pick up in the parking lot
- October 15th - location TBD

Overnight Youth Respite

An incredibly fun packed overnight stay at a local hotel. Participants have the opportunity to engage in conversation with peers and staff, swim, play games, make crafts, all while gaining skills in daily living, contributing to greater independence. The benefits that accompany being able to take a break from the demands of daily routines reach well beyond our participants. The impact extends deep into the lives of the families and caregivers, as well. Overnight Youth Respite is offered for individuals ages 5 - 17.

Cooking Class

Cooking class is a fun and interactive way to learn about making healthy choices, basic kitchen etiquette, hygiene, and safety. Participants prepare, cut, measure, bake and cook healthy recipes! Most importantly, they proudly taste the food they prepared. At each cooking class three different recipes will be made by the participants and at the end we will all enjoy a meal together. Cooking class is offered for individuals ages 16 and older.

Walk & Roll with Me

'Walk and Roll with Me' will provide RADD participants with another great physical fitness and wellness activity that will service their needs in an all inclusive way through walking and wheelchair rolling. Being able to just get outside and enjoy the outdoors can have a very positive impact on everyone's overall well being. Providing a safe and all inclusive environment where all of our participants have the ability to exercise together, socialize and enjoy nature to help them achieve a higher quality of life. Each session will take place at a different park or trail within the Racine Community. All trails and paths are explored beforehand for safety and accessibility. Family members and caregivers are encouraged and welcome to attend. Walk & Roll with Me is offered for individuals ages 16 and older.